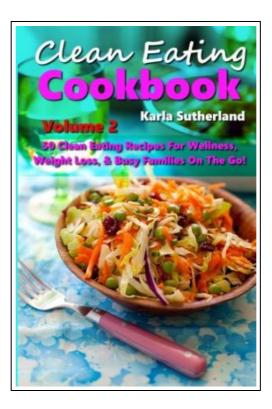
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Reviews

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Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand ******. Transform your life by eating clean foods! The Clean Eating Cookbook Series is for everyone who seeks health and wellness through a proper a diet. This health conscious recipe book delivers a variety of 50 healthy, easy to prepare, and delicious, recipes that promote clean eating for vitality and optimum health! There is a little something that everyone can enjoy! Take a Look! Tofu in Mint Paste (serves 3) Corn and peas sandwich (serves 3) Sweet corn sandwich (serves 2) Spicy sweet potato sandwich (serves 3) Chickpea kebab sandwiches (serves 2) Yummy potato sandwich (serves 3) Healthy soya sandwiches (serves 2) Mushroom and spinach sandwich Aubergine sandwich Peanut butter and banana sandwich (serves 2) Schezwan chili potato sandwich (serves 2) Tomato Pancake sandwich (serves 2) Smoked egg-plant sandwich (serves 3) Tofu tikka sandwich (serves 2) Grilled macaroni and spinach sandwich (serves 2) Vegetable schezwan noodle sandwich Spicy Avocado Sandwich (serves 2) Bell peppers in balsamic vinegar (serves 2) Grilled Tofu in Barbecue sauce (serves 2) Kale and mushroom sandwich (serves 3) Jackfruit Sandwich Banana Oatmeal Smoothie Makes 2 glasses Rosemary Potatoes Makes 4 servings Breakfast Pudding Makes 4 servings Fruit salad and mixed nuts Makes 1 serving Vegai breakfast wrap Makes 1 serving Vegan Muesli Makes 28 servings Lunch Recipes Avocado Tacos Barley Beans with Mushrooms Makes 6 servings Roasted Brussels sprouts Makes 6 Servings Lemony Cucumber and...

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