



Wisdom: From Philosophy to Neuroscience

By Stephen S Hall

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Here is a compelling investigation into one of our most coveted and cherished ideals, and the efforts of modern science to penetrate the mysterious nature of this timeless virtue. We all recognize wisdom, but defining it is more elusive. In this fascinating journey from philosophy to science, Stephen S. Hall gives us a dramatic history of wisdom, from its sudden emergence in four different locations (Greece, China, Israel, and India) in the fifth century B.C. to its modern manifestations in education, politics, and the workplace. We learn how wisdom became the provenance of philosophy and religion through its embodiment in individuals such as Buddha, Confucius, and Jesus; how it has consistently been a catalyst for social change; and how revelatory work in the last 50 years by psychologists, economists, and neuroscientists has begun to shed light on the biology of cognitive traits long associated with wisdom and, in doing so, begun to suggest how we might cultivate it. Hall explores the neural mechanisms for wise decision making; the conflict between the emotional and cognitive parts of the brain; the development of compassion, humility, and empathy; the...



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