

Tantric Sex: Introduction Handbook to Tantra (Paperback)



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Reviews

This book is very gripping and fascinating. Yes, it is play, nonetheless an interesting and amazing literature. I found out this ebook from my dad and i recommended this pdf to discover.

(Lavada Nikolaus)

TANTRIC SEX: INTRODUCTION HANDBOOK TO TANTRA (PAPERBACK)



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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Hey! Interested in Tantra? You have come to the right place. Tantra is known for. Multiple and long-lasting orgasms for both men and women.Connecting you and your partner s bodies, minds, and souls.Revolutionize the intimacy in your relationship.Taking control of your stress and anxiety.Teaching you how to live in the present moment Imagine. Having long-lasting orgasms with your partner.Having full control over your thoughts and live your life in the present moment.Training both your physical and mental strength simultaneously.Experience the sensual and emotional energies we all have within ourselves. Tantra is not equal to spiritual sex like the western world try to make it. Tantra is a spiritual routine, connecting minds, bodies, and souls with the energy inside of you. It s constructed to reduce stress, calm down, control your thought and live in the present moment. Tantric sex works the same way. It s not mainly about penetration. It s about connecting to your emotional, spiritual sexual energies within yourself, acknowledge them, learn from them and then expressing them in an open manner. Think of tantric sex like an iceberg where only the top is the penetration. This book includes the history of Tantra, benefits from practicing tantra, Tantra techniques, Tantric sexual techniques and much more! Enjoy!.



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