



## Aquatastic: Swimming Made Simple

By Ronda Brodsky

Trafford Publishing, Canada, 2007. Paperback. Book Condition: New. 221 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Aquatastic: Swimming Made Simple is for all individuals interested in the teaching of swimming. This book is easy to read, follow and understand for individuals of all abilities and backgrounds. This book will help everyone who is learning how to teach individuals to swim in a friendly and fun environment. The goal of my book is to help people teach themselves and others to swim in a fun and positive environment. Learning to swim will be fun while increasing one's comfort level in the water. The goal here is to learn while you are having fun and you will not realize that you are swimming as it comes to you naturally. Safety will be stressed in all areas of the aquatic environment. The drowning rates in the United States are rising at an unbearable rate and something needs to be done. By teaching people Aquatastic, I will attempt to lower the drowning rates as people learn how to be safe in and around the aquatic environment.

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