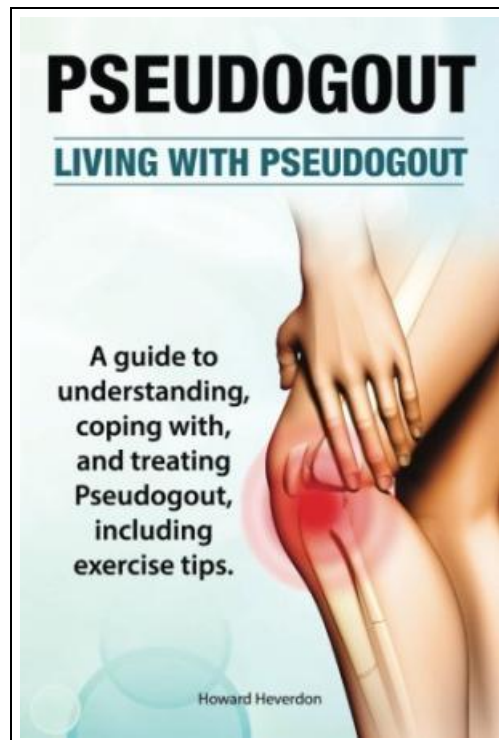


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IMB Publishing, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Pseudogout is a type of arthritis that results in sudden swelling in one or more of an individual s joints, and is accompanied by intense pain. The disease is known to mostly affect the knee joints, thereby causing serious hindrances in the affected person s day-to-day life. Pseudogout derives its name from gout as a result of its similarity to the latter condition. Both the conditions are quite similar with the exception of the crystals that ignite the inflammation. Pseudogout is typically caused by the accumulation of calcium pyrophosphate dehydrate crystals, which develop inside the spaces between joints. It is clearly linked to aging, and elderly people are more prone to developing the disease. Pseudogout can hamper the lives of those who have developed it; hence it is crucial for them and for their caretakers to fully understand the disease and ways of reducing its symptoms. This comprehensive book consists of all the information that one should know when it comes to pseudogout. Some of the highlights of this book are as follows: A detailed introduction to pseudogout Treatment and prevention guidelines Exercise and dietary guidelines Natural and alternative Remedies Protecting your joints Everyday solutions Highlights of current research, quotes, and tips from experts With the information given in this book, people with pseudogout and their caretakers can lead normal, healthier lives by having better control of their condition and life in general. Don t let pseudogout bring you down. It s time to fight it!.

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