

Adolescent Health

By Swati Y. Bhave

Byword Books. Hardback. Book Condition: new. BRAND NEW, Adolescent Health, Swati Y. Bhave, This book aims to serve as a ready reference of illustrative case scenarios for clinicians dealing with adolescents in office practice. It includes special issues concerning adolescence such as growth, puberty, academic performance, romantic relationships and gender-related aspects. Sexual and reproductive health issues can have lifelong repercussions as many of them are neglected or hidden due to various social and emotional reasons. These include cases related to menstrual problems, teenage pregnancy, contraception, particularly emergency contraception. Sexual abuse is underreported and cases have been included in this book to create awareness. A stable happy home is a protective factor that prevents adolescents from adopting high-risk behaviours and overcoming peer pressure. Dysfunctional family settings result in negative effects such as poor academic performance, substance abuse, sexual promiscuity, etc. All these aspects have been covered in detail. Metabolic syndrome and obesity are important issues in this era of lifestyle disorders. The Dermatology section includes common problems such as acne, which can create havoc in the minds of teenagers. Ophthalmic cases include the computer vision syndrome, use of contact lenses and LASIK surgery. This book would be an invaluable guide for...



Reviews

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