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## The Power Within: When You re Sick and Tired of Being Sick and Tired Engage Your Power Within to Claim Your Destiny! (Hardback)

By B. Adams-robinson

AUTHORHOUSE, United States, 2011. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever noticed that people rarely say that they are happy anymore? We may be okay, alright, or hanging in there. .but seldom do you hear anyone say they are happy or wonderful or having an outstanding day. We have become a nation of make-do people with a just-getting-by mentality and have allowed the traumas and difficulties of our past to define who we are and how we live. We fervently hang on to the negative anger, frustrations, disappointments, setbacks, and unforgiveness as a sign that we are meant to live less-than lives. We have become so comfortable with the negativity, that it is impossible for God to elevate us from the pit of our mess to a position of power and authority. The problem with hanging on your past mess is that it keeps you bound in mediocrity and misery. The negativity easily becomes a cloak that you wear and makes it impossible to believe that you can ever be more or have more than the less-than life you have settled for. The mess, muck and mire of the past has...



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