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Weeknight Cooking for Two: 100 Five-Ingredient Super Simple Suppers (Paperback)

By Kenzie Swanhart

Rockridge Press, 2017. Paperback. Condition: New. Language: English . Brand New Book. Your weeknight dinner dilemma-solved! Create delicious, nourishing, perfectly portioned meals in just 30 minutes or less with Weeknight Cooking for Two. Whether it's lack of time, a tight budget, or facing the kitchen after a long day at work, creating delicious home-cooked meals can often feel like a chore. And night after night, in households across America, we struggle to answer the same question: What should we do for dinner? The solution lies within the pages of Weeknight Cooking for Two, offering 100 simple, wholesome meals that were created with smaller households and busy schedules in mind. Stress less in the kitchen with 100 recipes that go from prep to cook in 30 minutes or less and are specifically designed for cooking for two. Save money and limit leftovers by using no more than 5 main ingredients per recipe. Create complete meals using only 5 pieces of equipment that you already have: a skillet, stockpot, sheet pan, nonstick pan, and baking dish. Straight from the kitchen of Kenzie Swanhart, author of several health-focused cookbooks including Paleo in 28, Spiralize It!, and Clean Eating Bowls, these super easy recipes go...



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Reviews

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