



Being Mindful Easing Suffering

By Christopher Johns

Routledge. Paperback. Condition: New. 272 pages. Dimensions: 9.1in. x 6.1in. x 0.7in. There is much to learn about easing suffering from Johns reflective narrative. The journal is both evocative and illuminating. The attention given to individuals patients experiences and to the manner in which practitioners can help to relieve suffering is the main strength of the book-*Journal of Advanced Nursing* Christopher Johns has written an exquisite book detailing the experience of being a palliative care nurse. He has taken a unique approach in chronicling his practice through a journal, which serves a model for the reader on reflective practice. Johns book is insightful on several levels. He offers a poignant book about the practice of palliative care, which will certainly evoke deep feelings and memories for many who have cared for dying patients. The narrative serves a model for reflective practice for students and practitioners alike who wish to explore this method of research and self-inquiry. John also, as the postscript writer describe, addresses some of the lessons that can be learned in palliative care work, the importance of living in the moment, and acknowledgement of the constantly changing nature of life. - Mary L. Wilby, MSN, CRNP, La Salle University School...



READ ONLINE
[5.07 MB]

Reviews

This is the greatest book i have got read through till now. I could possibly comprehended almost everything out of this published e book. Your daily life span will probably be enhance the instant you total looking at this book.

-- **Bernadette Baumbach**

Absolutely among the finest publication I actually have actually go through. It really is rally fascinating through reading time. I am easily could possibly get a pleasure of looking at a composed ebook.

-- **Prof. Rick Romaguera**