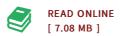# Understanding the Mysteries of Kabbalah: Exploring the Ancient Esoteric Heart of Jewish Mysticism: Offers Concise and Practical Insight into the Foundations of Kabbalah and Explores How it Aims to Deepen Our Connection with

By Maggy Whitehouse

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Understanding the Mysteries of Kabbalah: Exploring the Ancient Esoteric Heart of Jewish Mysticism: Offers Concise and Practical Insight into the Foundations of Kabbalah and Explores How it Aims to Deepen Our Connection with the Universe and Contribute to the Search for Awareness and True Enlightenment, Maggy Whitehouse, This title offers concise and practical insight into the foundations of Kabbalah and explores how it aims to deepen our connection with the universe and contribute to the search for awareness and true enlightenment. It is a comprehensive illustrated reference guide to the origins, history, principles, symbolism, content and nature of the sacred wisdom of Kabbalah, with guidelines for its practical application to everyday living. You can discover the fundamental ideas of Kabbalah through its best-known images, the Tree of Life and Jacob's Ladder. You can explore Kabbalah's links with Western mystical traditions - hermeticism, alchemy, occultism, the tarot, and magic. It contains authoritative, informed coverage of the fascinating history and development of Kabbalah from its ancient roots to its popularity in the 21st century. Kabbalah is an ancient mystical, or esoteric, tradition deeply rooted at the heart of Judaism, Islam, and Christianity. It has...

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