



## The Life Manual: Tips, Tricks and Techniques for a Stress-Free Home and Life (Hardback)

By Wendy Hobson

Sirius Entertainment, 2018. Hardback. Condition: New. Language: English . Brand New Book. The ultimate handbook is a comprehensive collection of practical tips and indispensable advice on everything you need to make life simpler, easier and more enjoyable. Covering de-cluttering, conservation and recycling, diet, laundry, gardening, DIY techniques, tips for mindfulness and happiness and money saving ideas, there is so much tried and tested knowledge to benefit every facet of your life. All the information is presented in a concise, easy-to-follow format and it even includes handy conversion tables and anecdotal tidbits, which make a useful reference when on the go.



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[ 6.2 MB ]

### Reviews

*Merely no phrases to describe. Better then never, though i am quite late in start reading this one. Its been written in an extremely easy way which is merely following i finished reading this publication through which in fact transformed me, change the way in my opinion.*

-- **Pedro Renner**

*Very helpful to all of class of folks. This is certainly for all who statte there had not been a worthy of studying. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Jayda Lehner Jr.**