

Brave: 50 Everyday Acts of Courage to Thrive in Work, Love and Life



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BRAVE: 50 EVERYDAY ACTS OF COURAGE TO THRIVE IN WORK, LOVE AND LIFE



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Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Live every day with greater clarity, confidence and courage. Brave is a handbook for being more courageous. For busy people on the go, its short, focused chapters provide practical tools and empowering perspectives to help you build your courage muscles in your work, relationships and life. Drawing on her background in business, psychology and coaching, author Margie Warrell will guide you in moving past the fears, doubts and beliefs that keep you from making the changes, and taking the chances, you need to enjoy the fulfillment and success you desire. Courage is a habit. Practicing it daily, even in quiet small ways, unlocks new possibilities, creates new opportunities, grows your influence and enables you to meet your challenges with more resilience and self assurance. Courage begets courage. You build it every time you choose to leave the safety of your comfort zone for the sake of something more important. Day by day, brave action by brave action, you can use Brave to create a life rich in all that you seek. If you want to live your life more powerfully and purposefully, this is the listen for you.

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