



Recovery in Real Time: A Trauma Survivor s Anti-Workbook (Paperback)

By Gail Dickert

Publishing for a Change, LLC, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Survivors of trauma are gaining increasing coverage in the media. Because of pop culture cautionary tales like the Duggar Family, coupled with a call to action from celebrity icons like Lady Gaga, millennials are moving away from the standardized textbooks for trauma recovery. Survivors crave social media support and are inspired by self-help-driven tweets. #RECOVERY IN REAL TIME: A Trauma Survivor s Anti-Workbook, provides a modernized guidebook for trauma survivors and their loved ones in 125 hashtags. #RECOVERY IN REAL TIME is a concise and user-guided walk through the trauma survivor s recovery experience. With survivor-focused hashtags like #DenialIsContagious, #ReasonCanFail, #LyingIsSurvival, #TherapyIsTerrifying, #WeAreNotNormal, and #MediaDistortsTrauma. Gail s anti-workbook provides survivors and their loved ones with relevant and poignant highlights of the cycle of recovery which includes major stages such as Denial, Anger, Bargaining, Depression, and Acceptance. #RECOVERY IN REAL TIME is a non-fiction self-help book with an anti-workbook length and approach that appeals directly to people who desperately need a real time version of Ellen Bass /Laura Davis The Courage to Heal. This condensed guide meets survivors need for digestible yet...



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From Kristallnacht to Israel: A Holocaust Survivor's Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



Tell Me a Story in the Dark: A Guide to Creating Magical Bedtime Stories for Young Children

Familius, 2015. Trade Paperback. Book Condition: New. TRADE PAPERBACK Legendary independent bookstore online since 1994. Reliable customer service and no-hassle return policy. Health and Self-Help>Self-Help>Parenting. Book: NEW, New. Bookseller Inventory # 01978193962958601.



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn DR Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



Growing Up: From Baby to Adult High Beginning Book with Online Access

Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.



Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other cows, because she has a very special...