



## Ptsd Quick Read: Understanding Coping with Posttraumatic Stress Disorder (Paperback)

By June Simon Stoelzel Lmft

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.As a child, I was told that I thought outside the box. This was not meant to be a compliment. My main interest was to be a detective to uncover why people did things and acted in interesting ways. I received my first B.S. Degree in Art and Science. My sculpture teacher placed a large block of wood at each student's workstation. I was used to the additive process of welding and had never experienced the carving away process. His presentation was, In this block of wood there is a magnificent piece of sculpture. Now, cut away everything else! Years later, I received an MA in Psychology and trained at U.C. Medical Center in San Francisco to become a Certified Sex Therapist. For over 30 years, I treated clients with PTSD related mostly to sexual trauma and general sexual dysfunction for which there was no organic cause. In addition, I worked at hospitals, clinics, abused women's centers, the welfare department, and inner-city boys clubs. These experiences gave me insight that there truly was not...



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