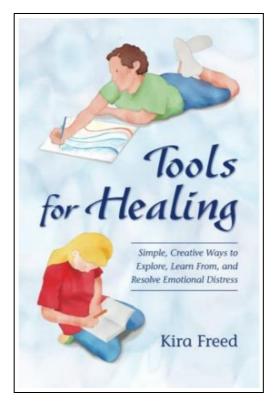
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Reviews

This publication is really gripping and exciting. It really is basic but unexpected situations in the 50 % in the book. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Prof. Salvador Lynch)

TOOLS FOR HEALING: SIMPLE, CREATIVE WAYS TO EXPLORE, LEARN FROM, AND RESOLVE EMOTIONAL DISTRESS (PAPERBACK)



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Two Hawks Press, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Tools for Healing offers easy, accessible approaches and exercises for working with and resolving emotional pain, including active imagination, the observer self, subpersonalities (parts), art therapy, and journaling. Also includes recommended resources.

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