



Anorexia The Real Causes

By Lorenzo Bracco

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 180 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. ANOREXIA The Real Causes, by Lorenzo Bracco. The book received in Italy the Cesare Pavese Award 2013 for nonfiction medical writing. Dr. Lorenzo Braccos ANOREXIA The Real Causes presents leading-edge innovative solutions for the understanding and cure of a pathology that is steadily growing in today's world. Anorexia integrates Dr. Peter Levine's Somatic Experiencing, a naturalistic approach to the resolution of shock trauma, Dr. Laurence Hella's NeuroAffective Relational Model, a model for the resolution of developmental trauma, Peter D'Adamo's Blood Type Diet, and the Ecological Niche Diet, Dr. Bracco's diet based on the evolutionary ecological nature of nutrition and life style. In addition, Dr. Bracco offers a new hypothesis: anorexics consistently show an unacknowledged disparity between the daughter's blood group and that of her mother. Anorexia proposes an original solution for the prevention and treatment of female adolescent anorexia. Dr. Bracco's unified theory and practical solutions frame known causes of anorexia within a pioneering perspective that brings forth new ways to solve this complex and dramatic problem. This item ships from La Vergne, TN. Paperback.



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