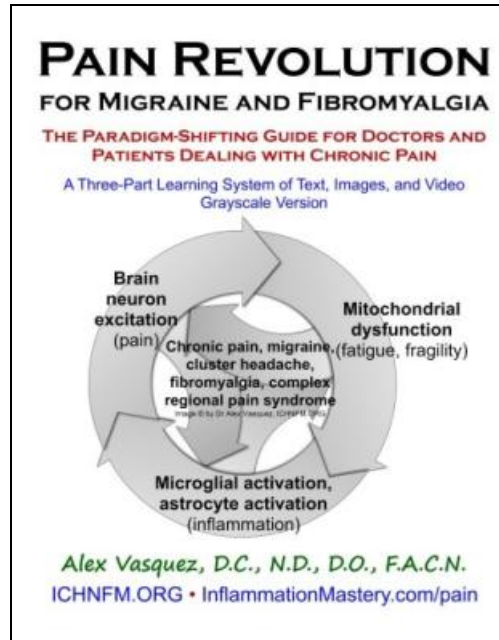


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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 138 pages. Dimensions: 11.0in. x 8.5in. x 0.3in. DISCOUNTED GRAYSCALE PRINTING: Complete protocol available in print (ISBN 1522951008) and digital (ASIN B01AR3NX0S); migraine-only digital (ASIN B01AS15XZW) and fibromyalgia-only digital (ASIN B01AS1ZKPA). PURPOSE and AUDIENCE: This book is written to provide essential information to doctors and patients dealing with chronic pain generally, migraine and fibromyalgia specifically. The information is also relevant for cluster headache, myofascial pain syndrome, and complex regional pain syndrome. With hundreds of citations to the biomedical research literature, this book provides unique insights into the causes of and solutions for migraine and fibromyalgia as prototypic pain disorders chiefly characterised by central sensitization, glial activation, and mitochondrial dysfunction. Clinicians and patients alike will gain insights that are immediately applicable for the treatment of these conditions. Importantly, the focus of Dr Vasquez's Functional Inflammometry Protocol is to skillfully address in a structured manner the underlying causes of pain and inflammation, not simply to alleviate pain/inflammation via drug dependency. This book details the pathophysiology and essential treatment components; additional explanations and updates are provided via video lectures and tutorials. DIGITAL: Ebook version will be published in January 2016. ABOUT THIS BOOK: This book is an excerpt from Chapter 5 of Dr Vasquez's most recent 1, 180-page textbook, *Inflammation Mastery*, 4th Edition (2016). The information in this book has been developed over many years starting from Dr Vasquez's teaching notes in Orthopedics and Rheumatology in 2000 and 2001, then in *Integrative Orthopedics* (2004, 2012), *Musculoskeletal Pain: Expanded Clinical Strategies* (Institute for Functional Medicine, 2008), *Functional Medicine Rheumatology* (2014), and *Human Microbiome and Dysbiosis in Clinical Disease* (2015). This item ships from La Vergne, TN. Paperback.



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