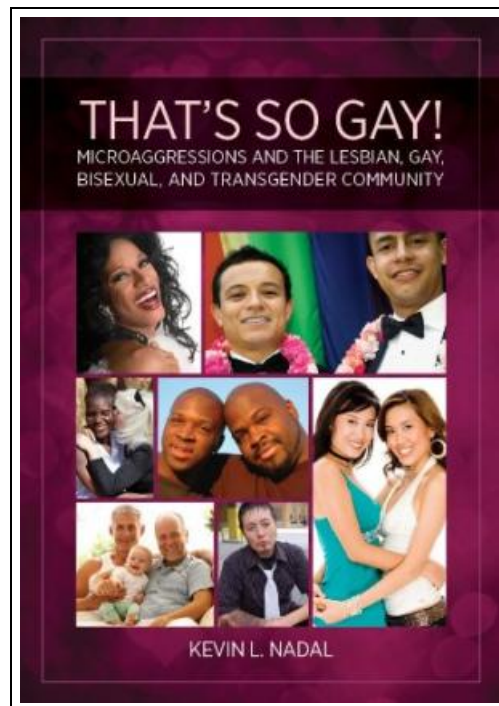


## That s So Gay!: Microaggressions and the Lesbian, Gay, Bisexual, and Transgender Community (Hardback)



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### **Reviews**

*This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Prof. Dale Fahey MD)*

## THAT S SO GAY!: MICROAGGRESSIONS AND THE LESBIAN, GAY, BISEXUAL, AND TRANSGENDER COMMUNITY (HARDBACK)

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American Psychological Association, United States, 2013. Hardback. Condition: New. New. Language: English . Brand New Book. People who identify as lesbian, gay, bisexual, or transgender (LGBT) experience subtle forms of discrimination, also known as microaggressions. Microaggressions are commonplace interactions that occur in a wide variety of social settings, including school or the workplace, among friends and family, and even among other LGBT people. These accumulated experiences are associated with feelings of victimisation, suicidal thinking, and higher rates of substance abuse, depression, and other health problems among members of the LGBT community. In this book, Kevin Nadal provides a thought-provoking review of the literature on discrimination and microaggressions toward LGBT people. The generous use of case examples makes the book ideal for gender studies courses and discussion groups. Each case is followed by analysis of the elements involved in microaggressions and discussion questions for the reader to reflect upon. This book includes advice for mental health practitioners, organisational leaders, educators, and students who want to adopt LGBT-accepting worldviews and practices. It has tips for how to discuss and advocate for LGBT issues in the realms of family, community, educational systems, and the government.

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