



You are the Ref: A Guide to Good Refereeing

By Paul Trevillion, Keith Hackett, Paul Trevillion

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, You are the Ref: A Guide to Good Refereeing, Paul Trevillion, Keith Hackett, Paul Trevillion, Based on the well-known, long-running You Are the Ref football feature, illustrated by legendary artist Paul Trevillion and written by former international referee Keith Hackett, this guide is aimed at anyone interested in football - spectators, players, coaches and referees. Established, trainee, and newly qualified football referees will find this guide invaluable, and can test their knowledge throughout the book. Younger football fans can learn more about the beautiful game, while older fans can use the book to settle heated arguments about referees' decision making! This is an accessible, easy-to-digest guide and includes a Foreword by top referee Howard Webb. The mysteries of refereeing are explained clearly, and brought to life with Paul Trevillion's images and Keith Hackett's incisive text. You are the Ref covers all aspects of Refereeing and Assistant Referee training: Movement and Positioning; Recognition of offences; Viewing angles; Whistle and Flag Technique; Management of Mass Confrontation; Sports Psychology; Managing Conflict; Teamwork; Law 11 (offside) explained; Goal and target setting; How to deal with Assessments; Warming up; Warming Down; Polar Heart Monitors; Pre- Match...



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