



The Jewish Vegetarian Year Cookbook

By Roberta Kalechofsky, Rosa Rasiel

Micah Publications, United States, 1997. Paperback. Book Condition: New. 231 x 183 mm. Language: English . Brand New Book. The Jewish traditions of concern for health and holiness find their natural combination in a vegetarian diet. Recipes are grouped by Jewish holy days, and sample menus are provided for family or social dining. Each section features prayers for table blessings and gatherings appropriate to the occasion. Joyful and practical, The Jewish Vegetarian Year Cookbook includes numerous appendices with advice about where to find vegetarian pareve products, tips on cooking tofu, beans, and grains, and a variety of sources for further reference.

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