



Parenting By Heart: Sleeping, Feeding And Gentle Care For Your Baby's First Year

By Pinky McKay

Penguin Aus., 2011. Paperback. Condition: New. 1. 'The confidence your wisdom instills in new mums is parenting gold.' NAOMI Everyone loves to tell a new parent what they 'should' be doing. But you know best what your baby needs; you just have to trust your instincts. Pinky McKay has helped thousands of parents feel confident and in tune with their baby. Every day she works hands on with mothers and their babies, helping to take the stress out of life with a newborn. In this essential guide to your baby's first year, Pinky provides the best information available on: how to feed your baby how to get your baby to sleep how to stop your baby crying surviving the first six weeks and beyond how life changes when you have a baby routines that will suit everyone and much, much more The secret to success is in acknowledging that babies come in all shapes and sizes. This book will help you find the best solutions for your baby. Paperback.

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