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## Western Lights: A Collection of Essays on Buddhism (Paperback)

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By Andrew Furst

Story Merchant, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Personal experience has proven that my body has to do nothing short of screaming to get my attention. In my mid-thirties I was working sixty plus hours per week. I loved the opportunity, I wanted the money, but then came the back spasms. And that was the alarm that I needed. The lightening had struck. It was time for change. Andrew Furst *Western Lights* BUDDHISM is an ancient eastern tradition steeped in the culture of India, China, Tibet, Thailand, Korea, and Japan. It s still acquiring its form and voice in the west. For Americans to benefit from its wisdom, it needs to find a place in our hearts and minds. *Western Lights* is a collection of essays from the viewpoint of a Western Buddhist teacher. It speaks about Eastern concepts like karma, hope, attachment, and amptiness from a personal perspective and in terms familiar to Americans. They re grounded in subject matter familiar to Americans like politics, science, psychology, heaven, and nature. I hope to help the reader find...



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### Reviews

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