



## Recovering the Self: A Journal of Hope and Healing (Vol. II, No. 2)

By Ernest Dempsey

Loving Healing Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.5in. x 7.3in. x 0.3in. Recovering the Self: A Journal of Hope and Healing (Vol. II, No. 2) April 2010 Recovering The Self is a quarterly journal which explores the themes of recovery and healing through poetry, memoir, essays, Opinion, fiction, humor, media reviews and psycho-education. Areas of concern include aging, disabilities, health, abuse recovery, trauma PTSD, anxiety, and depression. Contributors come from around the world to provide a mirror of the experience of peoples of all cultures and beliefs. This issue explores a number of areas of concern including: Complementary and Alternative Therapies Combat Veterans and PTSD Overcoming jealousy Mental illness Addiction Parenting Eldercare Psychotherapy Media reviews Abuse Recovery and much more! Acclaim for Recovering The Self Editor Ernest Dempsey does an admirable job of pulling this material together in a pleasing shape. Each piece offers a revelation, insight, or lesson for the reader to take away. The writing throughout is excellent. --Janet Riehl, author Sightlines: A Poets Diary I highly recommend a subscription to this journal, Recovering the Self, for professionals who are in the counseling profession or who deal with crisis situations. Readers involved with the healing process...



**READ ONLINE**  
[ 5.75 MB ]

### Reviews

*Great e-book and helpful one. It usually fails to cost an excessive amount of. I discovered this publication from my dad and i encouraged this pdf to find out.*

-- **Meagan Beahan**

*This ebook can be worthy of a go through, and a lot better than other. Better then never, though i am quite late in start reading this one. Its been printed in an exceedingly easy way which is just soon after i finished reading this book where basically modified me, affect the way i really believe.*

-- **Seth Fritsch**