



The Alchemy of Caregiving: Transforming Grief and Loss Into Wholeness (Paperback)

By Karen Young

River Sanctuary Publishing, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Alchemy of Caregiving takes the reader on a journey that begins with the meeting of soul mates, delights in the wonders of a deeply felt new love, is rocked by a terminal cancer diagnosis, and traverses six months of caregiving, grief and loss. Karen Young's memoir recounts her journey from the world of conventional medicine to that of alternative medicine, and reveals her spiritual and emotional challenges in the role of caregiver. This compelling story illuminates the dramatic changes that seem to impact every aspect of a caregiver's life. Karen expresses the sacred alchemy that transforms all those involved in the journey of a departing soul and offers insights for caregivers from a place of understanding and wholeness. Karen Young, RN, MN worked for many years as a nurse in the field of bone marrow and stem cell transplant. She has studied with respected teachers of Buddhist and non-dual, Advaita Vedanta philosophies. She loves being in nature where she finds the deep interconnection of all life. In writing this book, she hopes to bring more understanding and awareness into the...



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