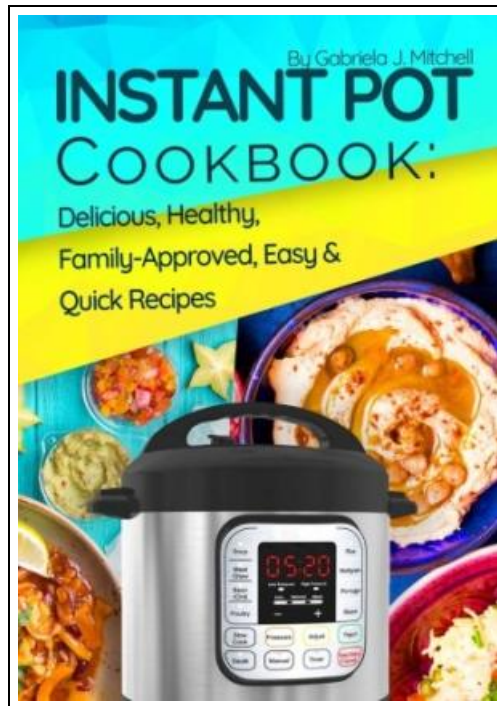


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Reviews

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INSTANT POT COOKBOOK: DELICIOUS, HEALTHY, FAMILY-APPROVED, EASY AND QUICK RECIPES FOR ELECTRIC PRESSURE COOKER (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Paperback: 232 pages Publisher: CreateSpace 100 Delicious Instant Pot Recipes including Gluten-Free ones + Bonus 30 Recipes Under 150 Calories Delicious, timesaving and healthy recipes for busy cooks using Instant Pot. All designed with the American home cook in mind. Easy to understand, easy to use! - Blueberry Jam Oatmeal in 10 min. - Asian Style Pineapple Chicken in 30 min. - Ratatouille in less than 25 min. - And many more! It's what your magic pot cooking makes possible. Here is what you will learn from this book: -Benefits of Instant Pot -Most important words and phrases -Recipes with pressure cooking times and preparations -Nutritional information with every recipe All recipes are grouped into 7 sections: Breakfasts Grains Beans Soups Meat Side dishes Fish Seafood Vegetarian Desserts This book is a collection of healthy recipes that can be attributed to clean eating philosophy. They are listed step by step in a clear and understandable manner. If you are looking for a book that is easy to follow, super easy recipes then the instant pot is the one to do, no matter what skill level you are in cooking. A variety of delicious and healthy food! A useful thing in the kitchen for someone who is concerned about the food of their family. Loving my Instant Pot and this cookbook just makes it even better. I will buy an Instant pot cookbook very soon. My sister said me about this guide. She told me she was very happy after reading this book. The author discussed lots of delicious and easy recipes that are easy to cook. Thanks. We surely recommend this book! Take the first step on your Instant Pot journey!.

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