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WEIGHT WATCHER: LOSE UP TO 1 POUND DAILY WITH THE SUPER SHREDDER SLOWCOOKER DIET: RECIPES TO HELP TRANSFORM YOUR BODY, RESET YOUR HABIT AND CHANGE YOUR LIFE.



Createspace, United States, 2015. Paperback Book Condition: New. Large Print. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****.Do you know that you can lose 1 POUNDS DAILY AND MAKE YOUR WEIGHT LOSS DREAM A REALITY Your problem will come to a halt after you have applied the instruction in this book. If you follow religiously to Dr. Ian Smith Super Shred: The Big Results Diet book and some of the super food recipes...

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- Authored by Steve Taylor
- Released at 2015



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