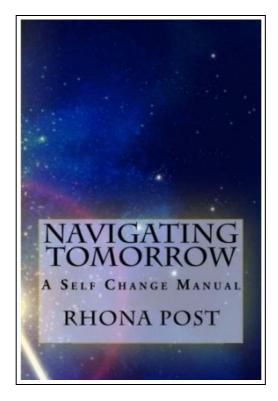
## Navigating Tomorrow (Paperback)



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### Reviews

A very wonderful book with lucid and perfect answers. It is probably the most incredible book i have study. Its been designed in an exceptionally simple way and is particularly just after i finished reading through this publication by which in fact transformed me, alter the way in my opinion.

(Macey Schneider)

#### **NAVIGATING TOMORROW (PAPERBACK)**



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Healer Coach, LLC, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What does a former presidential candidate have in common with a former prison inmate? This question and more is answered in the book Navigating Tomorrow. The subtitle says it all: A Self Change Manual. That is the starting point for author Rhona Post, Lifestyle Coach and Healer, as she leads readers on a journey through Change. What it is. What it isn t. And how you reinvent yourself after suffering a devastating loss - whether the loss is a career, a friendship, marriage, liberty, or your self-identity. Change is seen as the constant, whether we seek it out, or it finds us. With keen insight and real life stories, the Master Certified Coach identifies the three keys: vision, structure and skills that unlock the door to the mystery of reinvention so that you can more easily transition from being stuck in a rut to being able to take effective action. Navigating Tomorrow is not only valuable because of the themes that are developed, but Coach Post sprinkles practical magic in the form of Practices, Projects, and Coaching Tips, helping you move ahead in the direction of you dreams/vision. In this era of continuing economic uncertainty, social dislocation, and financial crises, learning to successfully manage constantly changing environments requires tools, skills, and faith. Learning to keep steady despite the upheavals we encounter depends on our ability to recognize where we are, and utilize tools for change that will empower us in our journey. Navigating Tomorrow is a must for men and women who wish to strengthen their competence to ride the sea of change.



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