



How I Saved Myself: An Expose on the Inner Healing of a Crazy Mind. (Paperback)

By Gregga J John

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This is the true story of Melinda Louise Coleman, a woman with many names and many facets. Diagnosed at age 31 with mixed-state, multi-cycling Bipolar II, severe anxiety, and a [nasty] sex addiction [her own words], Melinda has known Darkness as a bedfellow on many nights. But by her own methods of getting acquainted with her soul, she has come through with immense healing, peace, and Divine joy. You may or may not believe in spiritual matters. I do not wish to force my beliefs upon you, nor do I have any intention of shoving them down your throat. Frankly, that's gross and makes my fingers sticky. But I will tell my story. This is just what happened with me.



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Reviews

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Without doubt, this is the very best function by any writer. It typically will not charge too much. I discovered this publication from my dad and I encouraged this PDF to discover.

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