



## The Kaleidoscope Mandala Coloring Book: 50 Mandala Designs for Stress Relief, Relaxation and Art Therapy (Volume 1) (Paperback)

By Michelle Shea

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. With 50 beautifully designed and unique mandalas, Kaleidoscope Mandala is a specifically created adult coloring book to help relief stress, promote relaxation, meditation and ease your mind as art therapy. This best selling adult coloring book offers: - Intricate designs for hours of coloring pleasure to simpler designs for a quick coloring session, leaving you feeling accomplished relaxed at the end of every coloring session; High resolution designs with consistent line width for plenty of room for coloring and shading, unlike other books with heavily black lines with no room to color; Delightfully detailed designs which you can actually see without squinting your eyes, yet neither are they too large, too simplistic or juvenile; Ideal book size of 8.5 x 11 inches with designs printed only on one side on bright white paper making it suitable as a beautiful gift or for you to frame up your favorite pieces. Simply sit back, relax and choose the design that connects most with you. Feel your stress and anxiety slowly melting away as you color stroke by stroke and shade by shade the...



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