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50 CLEAN-EATING-FRIENDLY RECIPES - PART 1 - MEASUREMENTS IN GRAMS: FROM SOUPS AND NOODLE DISHES TO SALADS AND SMOOTHIES (PAPERBACK)



Createspace Independent Publishing Platform, 2018. Paperback Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Recipes: Swiss Chard with Garbanzo Beans and Couscous Garbanzo Curry Vegan Polenta Arepas Ginger Stir-Fry with Coconut Rice Avocado Tacos Vegan Style Shepherd s Pie BBQ Tempeh Sandwiches Easy Vegan Pasta with Pine Nuts Mediterranean Zucchini Pumpkin-Apple Curry with Lentils Garlic-Ginger Tofu Baked Potato with Lentils Vegan Mac and No-Cheese Soba Noodles with Spicy Tahini Spicy Potato Curry Quinoa Chard Pilaf Tofu...

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- Authored by Mattis Lundqvist
- Released at 2018



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