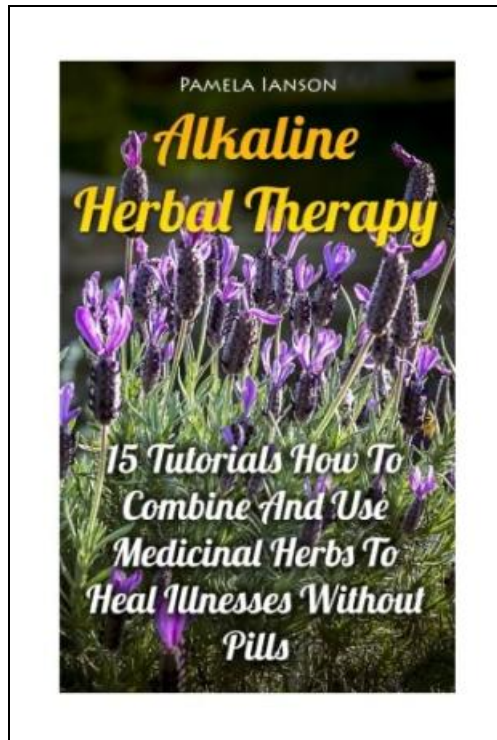


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Alkaline Herbal Therapy: (FREE Bonus Included) 15 Tutorials How To Combine And Use Medicinal Herbs To Heal Illnesses Without Pills Your body is actually a finely tuned machine; just as with any piece of machinery the performance of the machine is directly connected to the quality of the fuel you put in. This is evidenced by the modern diet which mixes all sorts of ingredients; the result is often a case of bloating and even irritable bowel syndrome. In fact these conditions are generally caused by mixing substances which require very different conditions to be digested properly. Your stomach is generally a PH neutral place, until you start consuming food; at this point your brain tells your stomach whether to produce acid or alkaline juices to best absorb the food. However, this can cause an issue. If you eat food which needs an alkaline base to be absorbed and food which needs an acidic base then you brain will tell your stomach to produce both types of stomach juice. The acid will be cancelled by the alkaline and the food you have consumed will not be properly digested; you will also not maximize your intake of nutrients from the food. The answer is to learn to combine your foods effective and discover the power of alkaline herbs to prevent illness and even reverse the progress of some diseases. This book covers the following topics: An introduction to the power of alkaline herbs and the dependence on modern medicines Five alkaline herbs which can improve your general health Five alkaline...



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