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THE SEARCH: FINDING MY INNER PARENT, FINDING HOLISTIC HAPPINESS (PAPERBACK)



Balboa Press Australia, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Motivated by the need for her children to have a healthy, stable, parent, author Alannah Dore broke through the despair of post-natal depression and the collapse of her immune system to find healing and ongoing empowerment through self-parenting on all levels. Now she recounts her journey in The Search, sharing the three habits that led her from symptoms of physical, emotional,...

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- Authored by Alannah Dore
- Released at 2015



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