



Self Interviews (S.I. s) (Paperback)

By Lauri Chamberlin

Blurb, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Have You Ever Wished You Could Check In With Yourself? When our personal lives are balanced, the rest falls into place. Motivational Author and Speaker, Lauri Chamberlin, has brought to life her Interview Series in workbook form. Self Interviews (S.I. s as she calls them) provide a quick, weekly look at our goals and progress in a variety of personal areas in our life, including the basics (physical, emotional, etc.) and some new areas of focus (As a Family Member). It s a valuable tool for adults and children alike. Lauri has created a Personal GPS to help us identify what s important to us to track our progress. S.I. s guide us through each goal and help us round the week out with things we have accomplished, things we are worried about, and more. S.I. s can bring balance and peace to our busy lives. Lauri s simple, one-page format allows for continual use throughout the year, allowing us to see our weekly progress. It s colorful, concise, and rewarding. S, I. s can also be an invaluable communication tool. To be...



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