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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 106 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. Partie 1 Low Carb Cuisine: délicieuses recettes faibles en glucides. Toutes les recettes avec instruction détaillée. Les régimes low carb ont plus de 100 ans. Et ils sont la Rolls des régimes ! Low carb signifie pauvre en glucides. Les régimes low carb consistent donc diminuer fortement non seulement le sucre mais aussi pommes de terre, pain, pâtes, riz et...

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