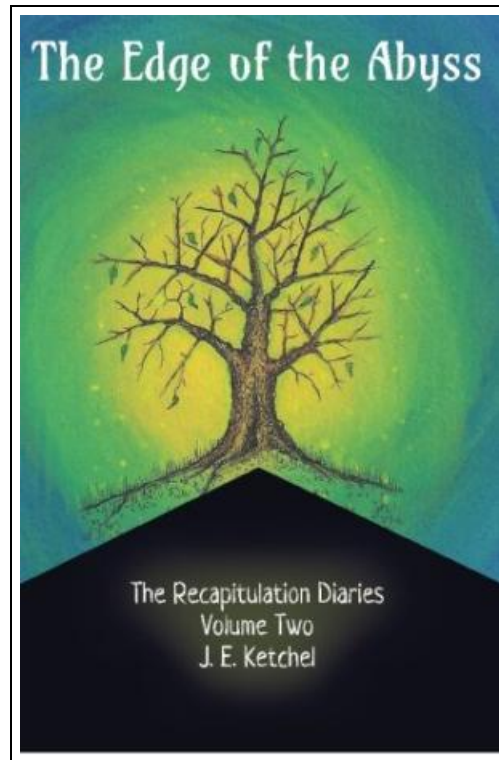


## The Edge of the Abyss: The Recapitulation Diaries: Year Two-Volume One (Paperback)



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### ***Reviews***

*The best book i actually go through. It can be full of wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.*




*(Prof. Greg Herzog)*

## THE EDGE OF THE ABYSS: THE RECAPITULATION DIARIES: YEAR TWO-VOLUME ONE (PAPERBACK)



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Riverwalker Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.J. E. Ketchel s deep soul-searching journey is a riveting tale of adventure. She grabs you at the first line and takes you into her world as she seeks to discover and connect with her lost self, a journey that she first revealed in *The Man in the Woods*. Her second book, *The Edge of the Abyss*, based on diaries she kept during her three-year-long journey, takes us still deeper into her encounters with evil of unfathomable proportion, processed through the ancient shamanic practice of recapitulation. In her quest for truth and knowledge, the familiar solid world that Ms. Ketchel had lived in and upheld her entire life unraveled bit by bit. Meanwhile, pieces of her fragmented self were brought back into consciousness and assimilated as a new sense of self developed. As she writes in *The Edge of the Abyss*: . . .I ve been quietly complacent my entire life, thinking it was just the way life was and that I should accept what was dealt me. Did I really think that men had a right to abuse me? Did I really think that I had no other recourse but to just let it happen? It s only now, as I do this recapitulation, that I realize my splintered, traumatized self could do nothing else. She was totally cut off from reality, caught in the nightmare world of fear and survival. two dominating forces in my life, holding my fragmented self together in delicate, tenuous balance. It s also only now-in my fiftieth year-that I understand that I don t have to take abuse. I don t have to give in. Even as unknown memories assaulted her, even as she perched on...

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