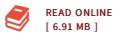




Clinical Guide to Positional Release Therapy (Hardback)

By Timothy E. Speicher

Human Kinetics Publishers, United States, 2016. Hardback. Condition: New. Language: English. Brand New Book. This new resource will provide professionals in the sports medicine and therapy fields with an invaluable reference on the clinical application of Positional Release Therapy (PRT). The book is a resource for all those who wish to learn, practice and perfect the art of PRT in order to gently treat patients of all ages who have acute and chronic somatic dysfunction, including tightness and pain. It dedicates considerable attention to palpation instruction, 3 core skill that enables successful diagnoses and applications of many orthopedic assessments and therapeutic techniques. Readers also will gain knowledge of anatomical and kinesiological structures to ensure success in assessment. The text is supplemented by a web resource featuring 59 videos demonstrating various PRT techniques described in the book.



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