



## The Discovery Journal: A Formatted Journal to Live and Record Life (Paperback)

By Michael S Williams

iUniverse, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you always wanted to document your thoughts and experiences on paper, but didn't know where to begin or found the task daunting? The Discovery Journal provides a detailed roadmap to how to organize your feelings, hopes, dreams, and lessons learned in a journal format you can pass on to future generations. Author Michael Williams relies on the Chinese proverb, To know the road ahead, ask those coming back, for inspiration. He provides practical advice in almost every area of life, ranging from career advice to marriage and from the meaning of life to death and religion. Quotes included range from John F. Kennedy to Benjamin Franklin, and Discovery Passages provide space to add your own thoughts and life experiences. Williams leads you through the journaling process by helping you categorize and identify how you feel about important issues, such as: Honesty, character, and morals Changing dreams to reality Wisdom and decision making The person who is your greatest hero and why The one piece of advice you wished you would have followed The Discovery Journal will help you chronicle your own...

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