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Rumi Self Psychology (Psychology of Tranquility): Two Astonishing Perspectives for the Discipline and Science of Self Transformation: Rumi's Poetic Language Vs. Carl Jung's Psychological Language (Paperback)

By Roya R. Rad

Trafford Publishing, Canada, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Rumi Self Psychology (Psychology of Tranquility) combines the poetry of Rumi with Carl Jung's concepts of the self and explains notions such as self-discovery, self-actualization, self-liberation, self-determination, self-assertion, and self-knowledge. Each chapter offers an explanation from a self-psychology perspective, a series of Rumi's poems, and a series of famous quotes relating to the subject. This book combines the concepts of Rumi and Carl Jung to help the reader become familiar with the concept of self. This book will use a combination of psychological and spiritual approaches in an attempt to face, and communicate with the reader, the reality of the deeper layers of a person's being; the self's different aspects. Hopefully, it will help the reader in understanding the concept of self. The meanings of the poems of Rumi, a 13th century Persian poet who is said to be one of the most popular poets in the West as well as the East, are explained in this book. In addition, Carl Jung's concepts of self are combined in an attempt to form an explanation of an expanded and...



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