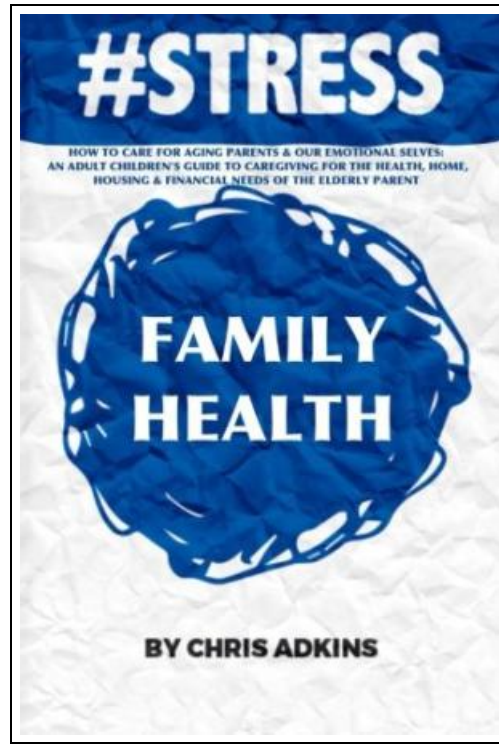


## Stress: How to Care for Aging Parents and Our Emotional Selves: An Adult Children's Guide to Caregiving for the Health, Home, Housing, and Financial Needs of the Elderly Parent



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