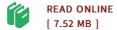




Breaking Through!: Stories of Hope and Recovery (Paperback)

By Dr Mark Stahlhuth, Dr Nancy Irwin

Jackson Deere Press, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Breaking Through! Stories of Hope and Recovery is a collection of stories that inspire and offer hope to individuals and loved ones impacted by the ravages of addiction. Dr. Mark Stahlhuth and Dr. Nancy Irwin offer nine vignettes in Breaking Through! Stories of Hope and Recovery that profile specific cases of addiction and the co-occurring disorders that often accompanies alcoholism and substance abuse. In addition to drawing a composite portrait of each subject s downward spiral, these vignettes demonstrate some of the cutting-edge treatment protocols used by Seasons in Malibu s World Class Addiction and Recovery Center. Snapshots of people profiled in Breaking Through! Stories of Hope and Recovery include: A Celebrated Actor who had everything life could offer except what he truly needed. An I.T. Pioneer who broke through glass ceilings to enjoy a highly successful career at a great cost to her personal life. A Sheriff whose childhood messages about masculinity negatively impacted the way he handled trauma when confronted with the barrel of a gun. A 20-Something, affluent heroin addict whose parents own alcohol and drug problems...



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