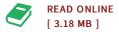


## Dance Movement Therapy: A Creative Psychotherapeutic Approach

By Bonnie Meekums

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Dance Movement Therapy: A Creative Psychotherapeutic Approach, Bonnie Meekums, 'This book is a very useful starting point for trainees in DMT, or for those training or practicing in other arts therapies or allied professions who would like an overview of theories and methods in DMT. For more experiences DMT practitioners and researchers, this book provides an introduction to theories of creativity and the notion of the movement metaphor as a basis for DMT theory and practice. There is constant dialogue and contextualizing between Meekum's theory and approach, psychological theories that have influenced the development of DMT, case studies, and the historical development of DMT. What is important in this book is the acknowledgement that DMT is a unique psychotherapy practice with a distinctive theory and methodology based on the intrinsic interaction between movement, the creative process, and psychology' - Body, Movement and Dance in Psychotherapy 'Along with the "how" and "why" of psychotherapy, Bonnie Meekums provides realistic examples of people whose lives have benefited from dance movement therapy.It is my honour to recommend this book' - Dianne Dulicai, President of the American Dance Therapy Association 'It is a very accessible book...



## Reviews

This publication is very gripping and interesting. We have go through and so i am confident that i am going to planning to read through yet again again in the foreseeable future. You are going to like how the blogger write this ebook. -- Dr. Thaddeus Turner PhD

This type of ebook is every little thing and made me looking ahead of time and more. It is among the most amazing book i actually have read through. Its been designed in an exceptionally simple way in fact it is simply soon after i finished reading through this pdf in which actually transformed me, change the way i believe. -- Dr. Ron Kovacek

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