



## Indian Cookbook: Discover the Magic of India, Its Food, and Its Tradition (Paperback)

By Martha Stephenson

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It is always possible to learn about a country through its gastronomy and culinary art, which always reflects their history. Indian cuisine has been developed over the centuries as a result of different influences from the Hindu, Muslim, English, and Portuguese cuisine. The Indian cuisine is very rich in tastes and flavors conferred by the use of various spices such as coriander, turmeric, saffron, cardamom, cumin, cinnamon, chili and many others, often associated with mixtures of spices such as garam masala. To the south, Indian cuisine is mainly vegetarian, very spicy, and accompanied by rice. The recipes in the north have been more influenced by the Mongolian cuisine and people consume more meat, such as tandoori chicken cooked in tandoor, earthen oven. It is accompanied by loaves like naans bread or rotis. India is a country with so many miracles - famous Taj Mahal is just one of them and let s not forgets Bollywood as well. But now is the time to explore only one of the miracles of this country, the great cuisine, the path to which you...



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