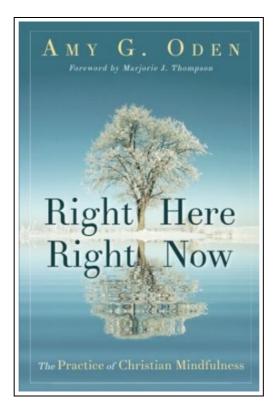
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Reviews

This pdf is really gripping and fascinating. It is actually full of knowledge and wisdom I am just delighted to tell you that this is the very best pdf i have got study during my very own daily life and might be he finest pdf for actually. (Ms. Althea Kassulke DDS)

RIGHT HERE RIGHT NOW: THE PRACTICE OF CHRISTIAN MINDFULNESS (PAPERBACK)



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Abingdon Press, 2017. Paperback. Condition: New. Language: English . Brand New Book. Christians have always practiced mindfulness. Yet, from the popular landscape of mindfulness movement, you d never know that. Where is the Christian voice in this fast-growing movement? Many Christians practice mindfulness outside of church and believe it does not belong to our faith tradition. This book reveals the Christian roots of mindfulness and the actual practices that, when reclaimed, deepen the life of faith and the power of our mission of love in the world. When we understand how radical it is to live in God s presence right here, right now, our lives are transformed toward mercy, justice and abundant life. Amy Oden shows how the practice of Christian mindfulness begins with the teachings of Jesus and continues throughout Christian history. It also includes step-by-step instructions for the practice of Christian mindfulness today. Pastors and leaders will find this book useful on the ground as they curate current culture and guide Christians in spiritual practices. . this is the best introduction to Christian spirituality as well as anyone, and she helps us see what might seem surprising to many--that mindfulness has deep roots in the Christian tradition. The wisdom she shares in this clear, winsome book has already deepened my own life of prayer. I know this book will bear fruit in classrooms and congregations as readers heed its call to stop and pay prayerful attention to what God is doing, right here, right now. --L. Roger Owens, Associate Professor of Christian Spirituality and Ministry, Pittsburgh, PA Oden deftly lifts up a clear template for what lies at the core of all spiritual...

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