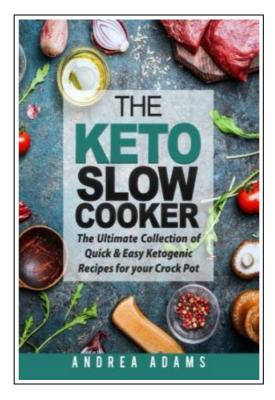
The Keto Slow Cooker: The Ultimate Collection of Quick and Easy Low Carb Ketogenic Diet Recipes for Your Crock Pot with a Helpful Guide to the Keto Diet and Keto Cooking (Rapid Weight



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Reviews

This ebook is amazing. It can be rally interesting through looking at time. You may like how the author compose this ebook. (Nikko Bashirian)

THE KETO SLOW COOKER: THE ULTIMATE COLLECTION OF QUICK AND EASY LOW CARB KETOGENIC DIET RECIPES FOR YOUR CROCK POT WITH A HELPFUL GUIDE TO THE KETO DIET AND KETO COOKING (RAPID WEIGHT



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand *****. I m Partnering with Amazon for a limited time to offer you DOUBLE VALUE on this book. Now when you purchase the paperback version of this book you get the kindle version FOR FREE. Don t wait, claim your offer today!! The busy person s go-to guide for ketogenic cooking. Making delicious low carb, high fat meals has never been easier and more delicious. The Keto Slow Cooker is proof that eating keto can be easy, convenient, and absolutely delicious. This book is packed full of recipes that will knock your socks off with flavor-you will feel like you re not dieting. Most of these recipes are Set and Forget style cooking which means you have just a few minutes of prep at the beginning where you just throw the ingredients together, set the slow cooker and forget about it. How easy does that sound? With mouthwatering recipes like: Gooey Chocolate Lava Fudge Cake, or Keto Deep Dish Pizza, or Mexican Chorizo Enchilada Soup, or Slow Cooker Eggplant Parmigiana Rustica, you will never want to go back to your old way of cooking again. This book is PACKED with Tips and Tricks that will teach you to convert any recipe to a Keto-Friendly version. It teaches you how versatile the keto diet can be and how you can make almost anything keto if you re creative enough. With pictures nutrition info and extremely detailed guides and instructions, there s no way you can go wrong. Take back control of your diet, and make your diet work for you instead of stressing yourself out trying to prepare time-consuming meals every night. Use this as a tool to help you achieve your...

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