



The Conscious Parent's Guide to Positive Discipline: A Mindful Approach for Building a Healthy, Respectful Relationship with Your Child

By COSTA JENNIFER

Paperback. Book Condition: New. Not Signed; Description: A new series from Adams Media featuring positive, mindful advice for the whole family * Features advice for parenting with mindfulness, flexibility, and resilience to provide a calm and centered emotional environment * Children whose parents practiced conscious parenting were found to be less likely to deal with stress by using avoidance or aggressive coping responses (Psychology) * Authored by PhDs, Occupational Therapists, Psychologists, and other parenting experts to ensure thorough, authoritative guidance. book.



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-- Claire Carroll DVM

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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English. Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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