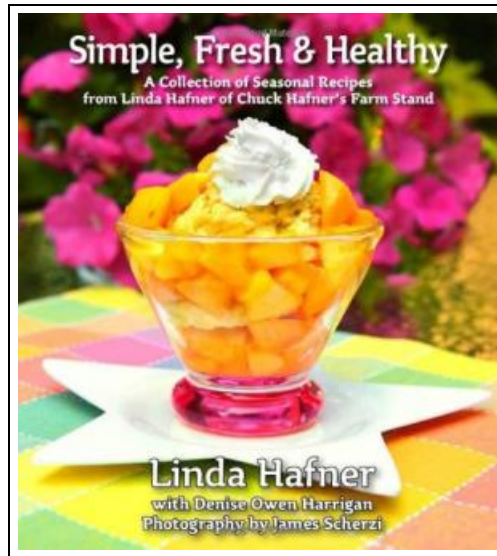


Simple, Fresh Healthy: A Collection of Seasonal Recipes



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Reviews

Completely one of the best publication I have actually read. Indeed, it is perform, nonetheless an interesting and amazing literature. Your lifestyle span will likely be transform when you complete reading this book.

(Mrs. Agustina Kemmer V)

SIMPLE, FRESH HEALTHY: A COLLECTION OF SEASONAL RECIPES



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Beaufort Books. Paperback. Condition: New. 192 pages. At the end of the day, gather around the table for a simple, fresh, and healthy meal. That's Linda Hafners no-fail formula for a thriving family. With her farm-fresh focus and divide-and-conquer strategy, its entirely do-able, even for those with the busiest schedules. Linda has developed a repertoire of simple, delicious, and visually stunning recipes that celebrate local seasonal produce. Shes a master at cooking in easy increments, so that meals come together in a flash at the end of a busy day. In the time it takes to cook a pound of pasta, Linda can prepare her vibrant Pure Plum Tomato Sauce from scratch. Her signature After-Dinner Salad is much easier, and more nutritious than a prepackaged salad mix drenched in preservatives and processed salad dressing. And, while fresh, healthy meals are Lindas priority, shes also famous for fabulous, indulgent desserts such as her Sublime Strawberry Trifle and Happy Birthday Chocolate Cake. With Linda, its all about finding the balance between nourishing the body and fueling the family spirit. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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