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Home-grown Harvest: Simply Delicious Recipes to Celebrate Your Garden Produce (Hardback)

By Ryland Peters Small

Ryland, Peters Small Ltd, United Kingdom, 2011. Hardback. Condition: New. Language: English . Brand New Book. There is nothing as satisfying as growing your own produce - home-grown fruit and vegetables, picked and used at the height of freshness, are more tasty and nutritious than any supermarket offerings. Not only that, but they also cut down on food miles and can be a far more budget-friendly way to eat. Home-grown Harvest is a celebration of the bounty you can grow in your garden, back yard or even windowbox. Cultivating your own fruit and vegetables does not have to mean eating the same dishes days in a row to use up produce. Instead, this book will show you how to use creatively what you grow in an array of exciting combinations. Simply organised, the book makes each vegetable or fruit the star of its own chapter, providing a wealth of different recipes to use up any gluts you may have (from the garden or a trip to the farmers market). From fresh dishes such as Triple Tomato Risotto with Basil or Strawberry Tiramisu, to preserves and chutneys, which can be stored for future use, each recipe is selected because it is...



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