



## The Abide Guide: Living Like Lebowski (Paperback)

By Oliver Benjamin, Dwayne Eutsey

Ulysses Press, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book. THE DUDE ABIDES.AND YOU CAN TOO! When you seek salvation from this stressed out, uptight world, there s only one man to go to for guidance--the Dude. At once helpful, funny and profound (like The Big Lebowski itself), this survival guide from the founders of the Church of the Latter-Day Dude and their top disciples shows how to be as Dude-like as the Dude (well, almost): \*Secrets of sacred Dudeist practices \*The Seven Spiritual Laws of Taking it Easy \*Great Dudes who changed the world (without really trying) \*New feminist philosophy for special ladies \*The Way of the Dude applied to politics, ethics and finances \*A 12-step program for personal dudevolution \*The science of really tying your room together All this and a lot more what-have-you. So the next time life throws you a gutterball, just pick up this book and ask, What Would the Dude Do? It s your answer for everything.

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