



The Mystical Swing: Confidence from Creativity in Golf, Life, and Speaking from the Heart (Paperback)

By Augusto Tomas

Balboa Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Augusto Tomas offers a truly unique perspective in this intriguing golf manual and spiritual guide. Drawing on an eclectic set of influences, he shows how the game has inspired his outer and inner journeys through life. -- Marshall Goldsmith, #1 Executive Coach in the World and New York Times #1 bestselling author of Triggers The Mystical Swing is a creative golf journey, for a fluid swing and a fluent speech, through Mind, Body and Spirit. As a way of sharing the author travels and personal experiences, a taster class of 60 minutes, was developed where a set of Golfer model poses will be used as Art model poses, not for drawing but for writing purposes. By mastering a fluid golf swing, the author was able to overcome his own speech impediment, coming out of his shell by sharing his stuttering story like so many others golf legends did as Tiger Woods, Ken Venturi, Butch Baird and Sophie Gustafson. For all of us, stuttering was a blessing to become a better person! A sign of love from the Gods to carry on the path...



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