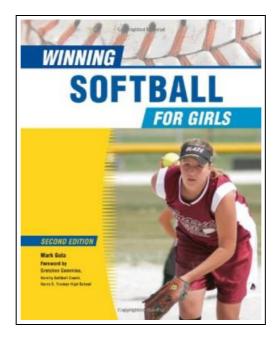
Winning Softball for Girls (Hardback)



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Reviews

Certainly, this is actually the greatest job by any author. It is definitely simplified but excitement inside the 50 percent of the book. I am just easily will get a delight of studying a composed pdf.

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 $Chelsea\ House\ Publishers,\ United\ States,\ 2009.\ Hardback.\ Book\ Condition:\ New.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ 234\times 186\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Revised\ edition.\ Revised\ edition.\$ More than 3.5 million players in total play the sport. This revised edition of Winning Softball for Girls is essential reading for girls interested in learning to play softball and improve their game. Offering useful information on all the key skills necessary to master, this eye-catching title provides drills and exercises to help players practice their baserunning, catching, hitting, pitching, and throwing. This new full-color guidebook also explains the rules and history of the game as well as how to think on the field and play smart. Colorful photographs and diagrams and new material for improving a player's stance at bat and on the field are also provided in this new edition. Useful for players, coaches, and parents of players alike, Winning Softball for Girls, Second Edition covers all the bases of the game. Chapters of this title include: History and Rules of the Game; Hitting; $Fundamentals \ of \ Defense; The \ Positions; \ Baserunning; \ Pitching; \ Offensive \ Strategy; \ Defensive \ Strategy; \ and, \ Conditioning.$



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